

# allergen information

## **Bacon brie and cranberry ciabatta**

Milk (including lactose), gluten-rye, gluten-wheat, gluten-barley, mustard. *\*May contain sesame, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Chicken, bacon and BBQ ciabatta**

Milk (including lactose), gluten-rye, gluten-wheat, gluten-barley, mustard, sulphur dioxide/sulphites 10mg/kg or /L. *\*May contain sesame, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Cheese and caramelised onion ciabatta**

Milk (including lactose), gluten-rye, gluten-wheat, gluten-barley, mustard. *\*May contain sesame, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Cumberland sausage and caramelised onion ciabatta**

Gluten-rye, gluten-wheat, gluten-barley, mustard, sulphur dioxide/sulphites 10mg/kg or /L. *\*May contain sesame, fish, milk (including lactose), nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Chicken strips, sweet chilli and cheese ciabatta**

Milk (including lactose), gluten-rye, gluten-wheat, gluten-barley, mustard. *\*May contain sesame, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Falafel and vegan chipotle mayo**

Gluten-rye, gluten-wheat, gluten-barley, mustard. *\*May contain sesame, fish, milk (including lactose), nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Crispy bacon and black pudding salad**

Eggs, milk (including lactose), gluten-oats, gluten-wheat, gluten-barley, mustard.

## **Breaded halloumi and chilli jam salad**

Milk (including lactose), gluten-wheat, mustard. *\*May contain sesame, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Falafel and olive salad**

*\*May contain gluten-wheat, gluten-barley, fish, milk (including lactose).*

## **Steak and kidney baked suet pudding**

Gluten-barley, gluten-wheat, milk (including lactose), celery (including celeriac). *\*May contain sesame, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **10 oz rump steak**

Gluten-wheat, milk (including lactose), *\*May contain sesame, gluten-barley, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Fish and chips**

Gluten-wheat, fish, eggs, mustard. *\*May contain milk (including lactose), gluten-barley, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Roast veg and tomato tagliatelle**

Milk (including lactose), gluten-wheat, gluten-rye, gluten-barley. *\*May contain sesame, celery (including celeriac).*

## **Chicken jalfrezi**

Gluten-wheat, milk (including lactose).

## **Chicken and bacon tagliatelle**

Milk (including lactose), gluten-wheat, gluten-rye, gluten-barley. *\*May contain sesame, celery (including celeriac).*

## **Chicken BBQ melt**

Celery (including celeriac), milk (including lactose), , gluten-barley, gluten-wheat, soybean. *\*May contain sesame, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Sweet potato and chickpea curry**

*\*May contain gluten-wheat, gluten-barley, milk (including lactose), sesame, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Pan roast Cumberland sausage**

Gluten-wheat, milk (including lactose), celery (including celeriac). *\*May contain sulphur dioxide/sulphites 10mg/kg or /L.*

## **Pan fried fillet of salmon**

Milk (including lactose), fish, celery (including celeriac).

## **Chargrilled gammon steak**

Eggs. *\*May contain gluten-wheat, gluten-barley, milk (including lactose), fish.*

## **Chargrilled cutlet of pork**

Milk (including lactose), celery (including celeriac), mustard, sulphur dioxide/ sulphites 10mg/kg or /L, gluten-barley, gluten-oats, gluten-wheat.

## **Margherita pizza**

Gluten-barley, gluten-wheat, milk (including lactose). *\*May contain eggs.*

## **BBQ chicken pizza**

Gluten-barley, gluten-wheat, milk (including lactose), celery (including celeriac), soybean. *\*May contain eggs.*

## **Ham and pineapple pizza**

Gluten-barley, gluten-wheat, milk (including lactose). *\*May contain eggs.*

## **Fresh Italian pizza**

Gluten-barley, gluten-wheat, milk (including lactose). *\*May contain eggs.*

## **Meat feast pizza**

Gluten-barley, gluten-wheat, milk (including lactose). *\*May contain eggs.*

## **Beetroot and quinoa burger**

Gluten-wheat, sesame. *\*May contain gluten-barley, fish, milk (including lactose), nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Bacon BBQ burger**

Sulphur dioxide/sulphites 10mg/kg or /L, gluten-wheat, gluten-barley, milk (including lactose), soybean, celery (including celeriac). *\*May contain sesame, eggs, gluten-rye, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Southern fried burger**

Gluten-wheat, eggs. *\*May contain sesame, gluten-barley, milk (including lactose), soybean, gluten-rye, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Chicken fillet bites**

Gluten-wheat. *\*May contain sesame, gluten-barley, fish, milk (including lactose), nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Beef burger in bun**

Gluten-wheat. *\*May contain sesame, gluten-barley, eggs, milk (including lactose), soybean, gluten-rye, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Halloumi fingers**

Gluten-wheat, milk (including lactose), *\*May contain gluten-barley, fish, sesame, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Mini fish and chips**

Gluten-wheat, fish, eggs. *\*May contain gluten-wheat, gluten-barley, milk (including lactose), nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Side French fries**

*\*May contain sesame, gluten-wheat, gluten-barley, fish, milk (including lactose), nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Kid's sausage and mash**

Milk (including lactose), sulphur dioxide/ sulphites 10mg/kg or /L. Gluten-wheat, celery (including celeriac).

## **Creamy chicken curry**

Milk (including lactose).

## **Jacket with cheese and beans**

Milk (including lactose), mustard.

## **Jacket with tuna mayo**

Fish, eggs, mustard.

## **Kid's roast veg and tomato tagliatelle**

Milk (including lactose), gluten-wheat, gluten-rye, gluten-barley. *\*May contain sesame, celery (including celeriac).*

## **Side chunky chips**

*\*May contain sesame, gluten-wheat, gluten-barley, fish, milk (including lactose), nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Side onion rings**

Gluten-wheat, gluten-barley. *\*May contain sesame, fish, milk (including lactose), nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

## **Side garlic ciabatta**

Milk (including lactose), gluten-rye, gluten-wheat, gluten-barley. *\*May contain sesame.*

## **Side garlic ciabatta with cheese**

Milk (including lactose), gluten-rye, gluten-wheat, gluten-barley. *\*May contain sesame.*

## **Warm chocolate brownie**

Gluten-wheat, soybean. *\*May contain eggs, nuts- almonds, hazelnuts, pecan, pistachio, walnuts.*

## **Cinnamon sugar doughnuts**

Eggs, milk (including lactose), soybean, gluten-wheat

## **Sticky toffee pudding**

Eggs, milk (including lactose), gluten-wheat. *\*May contain nuts- almonds, brazil, cashews, hazelnuts, macadamia, pecan, pistachio, walnuts.*

## **Chocolate brownie**

Eggs, milk (including lactose), gluten-wheat. *\*May contain nuts- almonds, brazil, cashews, hazelnuts, macadamia, pecan, pistachio, walnuts.*

## **Spiced apple crumble**

Eggs, milk (including lactose), gluten-wheat. *\*May contain mustard.*

## **Berry Eton mess**

Eggs, milk (including lactose).

*\*Whilst a dish may not contain a specific allergen, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients, some allergens listed as may contain are present due to the cooking process, please speak to a member of the team to discuss this in further detail*

darwin  
escapes