

allergen information

Bacon brie and cranberry ciabatta

Milk (including lactose), gluten-rye, gluten-wheat, gluten-barley, mustard. **May contain sesame, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Chicken, bacon and BBQ ciabatta

Milk (including lactose), gluten-rye, gluten-wheat, gluten-barley, mustard, sulphur dioxide/sulphites 10mg/kg or /L. **May contain sesame, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Cheese and caramelised onion ciabatta

Milk (including lactose), gluten-rye, gluten-wheat, gluten-barley, mustard. **May contain sesame, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Cumberland sausage and caramelised onion ciabatta

Gluten-rye, gluten-wheat, gluten-barley, mustard, sulphur dioxide/sulphites 10mg/kg or /L. **May contain sesame, fish, milk (including lactose), nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Chicken strips, sweet chilli and cheese ciabatta

Milk (including lactose), gluten-rye, gluten-wheat, gluten-barley, mustard. **May contain sesame, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Falafel and vegan chipotle mayo

Gluten-rye, gluten-wheat, gluten-barley, mustard. **May contain sesame, fish, milk (including lactose), nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Crispy bacon and black pudding salad

Eggs, milk (including lactose), gluten-oats, gluten-wheat, mustard, fish.

Breaded halloumi and chilli jam salad

Milk (including lactose), gluten-wheat, mustard. **May contain fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Falafel and olive salad

**May contain gluten-wheat, gluten-barley, fish, milk (including lactose).*

Steak and kidney baked suet pudding

Gluten-barley, gluten-wheat, milk (including lactose), celery (including celeriac). **May contain fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

10 oz rump steak

Gluten-wheat, milk (including lactose). **May contain gluten-barley, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Fish and chips

Gluten-wheat, fish, eggs, mustard. **May contain milk (including lactose), gluten-barley, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Roast veg and tomato tagliatelle

Milk (including lactose), gluten-wheat, gluten-rye, gluten-barley. **May contain sesame, celery (including celeriac).*

Chicken jalfrezi

Gluten-wheat, milk (including lactose).

Chicken and bacon tagliatelle

Milk (including lactose), gluten-wheat, gluten-rye, gluten-barley. **May contain sesame, celery (including celeriac).*

Chicken BBQ melt

Celery (including celeriac), milk (including lactose), , gluten-barley, gluten-wheat, soybean. **May contain fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Sweet potato and chickpea curry

**May contain gluten-wheat, gluten-barley, milk (including lactose), fish.*

Pan roast Cumberland sausage

Gluten-wheat, milk (including lactose), celery (including celeriac). **May contain sulphur dioxide/sulphites 10mg/kg or /L.*

Pan fried fillet of salmon

Milk (including lactose), fish, celery (including celeriac).

Chargrilled gammon steak

Eggs. **May contain gluten-wheat, gluten-barley, milk (including lactose), fish.*

Chargrilled cutlet of pork

Milk (including lactose), celery (including celeriac), mustard, sulphur dioxide/ sulphites 10mg/kg or /L, gluten-barley, gluten-oats, gluten-wheat.

Margherita pizza

Gluten-barley, gluten-wheat, milk (including lactose). **May contain eggs.*

BBQ chicken pizza

Gluten-barley, gluten-wheat, milk (including lactose), celery (including celeriac), soybean. **May contain eggs.*

Ham and pineapple pizza

Gluten-barley, gluten-wheat, milk (including lactose). **May contain eggs.*

Fresh Italian pizza

Gluten-barley, gluten-wheat, milk (including lactose). **May contain eggs.*

Meat feast pizza

Gluten-barley, gluten-wheat, milk (including lactose). **May contain eggs.*

Beetroot and quinoa burger

Gluten-wheat, sesame. **May contain gluten-barley, fish, milk (including lactose), nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts*

Bacon BBQ burger

Sulphur dioxide/sulphites 10mg/kg or /L, gluten-wheat, gluten-barley, milk (including lactose), soybean, celery (including celeriac). **May contain eggs, gluten-rye, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Southern fried burger

Gluten-wheat, eggs. **May contain gluten-barley, milk (including lactose), soybean, gluten-rye, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Chicken fillet bites

Gluten-wheat. **May contain gluten-barley, fish, milk (including lactose), nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Beef burger in bun

Gluten-wheat. **May contain gluten-barley, eggs, milk (including lactose), soybean, gluten-rye, fish, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Halloumi fingers

Gluten-wheat, milk (including lactose), **May contain gluten-barley, fish, sesame, nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Mini fish and chips

Gluten-wheat, fish, eggs. **May contain gluten-wheat, gluten-barley, milk (including lactose), nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Side French fries

**May contain gluten-wheat, gluten-barley, fish, milk (including lactose), nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Kid's sausage and mash

Milk (including lactose), sulphur dioxide/ sulphites 10mg/kg or /L. Gluten-wheat, celery (including celeriac).

Creamy chicken curry

Milk (including lactose).

Jacket with cheese and beans

Milk (including lactose), mustard.

Jacket with tuna mayo

Fish, eggs, mustard.

Kid's roast veg and tomato tagliatelle

Milk (including lactose), gluten-wheat, gluten-rye, gluten-barley. **May contain sesame.*

Side chunky chips

**May contain gluten-wheat, gluten-barley, fish, milk (including lactose), nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Side onion rings

Gluten-wheat, gluten-barley. **May contain fish, milk (including lactose), nuts- almonds, cashews, peanuts, pistachio, walnuts, hazelnuts.*

Side garlic ciabatta

Milk (including lactose), gluten-rye, gluten-wheat, gluten-barley. **May contain sesame.*

Side garlic ciabatta with cheese

Milk (including lactose), gluten-rye, gluten-wheat, gluten-barley. **May contain sesame.*

Warm chocolate brownie

Gluten-wheat, soybean. **May contain eggs, nuts- almonds, hazelnuts, pecan, pistachio, walnuts.*

Cinnamon sugar doughnuts

Eggs, milk (including lactose), soybean, gluten-wheat

Sticky toffee pudding

Eggs, milk (including lactose), gluten-wheat. **May contain nuts- almonds, brazil, cashews, hazelnuts, macadamia, pecan, pistachio, walnuts.*

Chocolate brownie

Eggs, milk (including lactose), gluten-wheat. **May contain nuts- almonds, brazil, cashews, hazelnuts, macadamia, pecan, pistachio, walnuts.*

Spiced apple crumble

Eggs, milk (including lactose), gluten-wheat. **May contain mustard.*

Berry Eton mess

Eggs, milk (including lactose).

**Whilst a dish may not contain a specific allergen, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients, some allergens listed as may contain are present due to the cooking process, please speak to a member of the team to discuss this in further detail*

darwin
escapes